



Middle School and Youth Parent Meeting 2023

Presentation posted on club website - www.wdmlacrosse.com

Club Highlights

▶ 2022 Achievements

- ▶ High School Girls 2022 League Champions
- ▶ Hosted first annual Alumni Game

▶ 2023 Roadmap

▶ Communications

- ▶ Team Snap - MS and Youth parents will receive invite. May invite other accordingly
- ▶ Social Media - please like and share!
- ▶ Web sites

▶ Fundraising - keep fees flat and create positive experience

- ▶ Restaurant nights and Dick's Sporting
- ▶ Sponsorships
- ▶ Team activity

▶ People - Volunteers

- ▶ Parent Volunteers
- ▶ Officials needed!
- ▶ Trainer shortage

▶ Grow the game - more players



Coaches

Girls

- ▶ Meghan Gruver - Head Coach
- ▶ Jackie Williams - Asst Head Coach
- ▶ **Laura DePenning - Head MS Coach**
- ▶ **Kenzie Bemis - Asst MS**
- ▶ Craig Wilson - Head Youth Coach
- ▶ Kirsten Mahoney - Asst Youth Coach
- ▶ Paul O'Connell - HS Team Manager
- ▶ Tami Peiffer - YTH/MS Team Manager

Boys

- ▶ Chad Thompson - Head Coach
- ▶ Tom Genzen - Asst Head Coach
- ▶ Ian Moles - JV Coach
- ▶ Austin Turner - JV Coach
- ▶ Paul Parisek - Head U14 Coach (7-8 gr)
- ▶ Seth Kaiser - Head U12/U10 Coach (5-6/3-4 gr)
- ▶ Michael Burton - HS Team Manager
- ▶ Jim Wickware - YTH/MS Manager





Tiger Lacrosse Affiliations

- ▶ Club
- ▶ **HIGH SCHOOL ONLY** League (must register to participate)
 - ▶ Girls: MGLL (Midwest Girls Lacrosse League - 9 teams)
 - ▶ Boys: NELAX (Nebraska High School Lacrosse Association - 12 teams)
- ▶ **YOUTH** ILAX (Iowa Lacrosse Association -
 - ▶ manages youth league, leads coaches training, officials recruitment/training, promotion of game throughout state and liaison with US Lacrosse
 - ▶ Boys Schedule: U10, U12, U14 Boys
 - ▶ Girls: working to grow the game
 - ▶ Iowa Youth Girls and Boys Championship Jun 3-4 (additional charge)
- ▶ US Lacrosse - all ages, all players must be members



Tiger Lacrosse 2023 Registration

	Girls	Boys
High School	22	32
Middle School (U14 - 7 th -8 th grade)	16	17
Youth (U12 - 5 th -6 th grade) (U10 - 3 rd -4 th grade)	7	17 17

As of 3.6.23

- ▶ Need solid infrastructure of funding and people for to support the player enthusiasm

Expectations

- ▶ All players and parents have attested they have read and agreed to follow the policies in WDM Tiger Lacrosse handbook at registration
- ▶ Lacrosse eligibility is tied to academic eligibility and must be maintained, self reported
- ▶ Demonstrate positive behavior and leadership on and off the field
 - ▶ Forbidden: Alcohol, controlled substances, tobacco, e-cigs, personal vaporizers or mods.
 - ▶ Forbidden: Bullying/hazing - including social media
- ▶ Transportation
 - ▶ Players are NOT allowed to drive themselves to any WDM Lacrosse activity outside of the DM metro area (Ames is outside DM Metro)
 - ▶ Coaches are NOT allowed to transport players
- ▶ Coaches
 - ▶ Required to be members of US Lacrosse
 - ▶ Pass background check
- ▶ Parents
 - ▶ Not allowed on sideline with players and coaches (except if working at the scoring table)
 - ▶ Support players, coaches and referees at all times
 - ▶ Remind guests to honor the game
 - ▶ Display good sportsmanship at all times





Practices and Game

- ▶ Practice Location: Jordan Creek Elementary School
- ▶ Girls - Monday and Thursday, 5:45 - 7:15p
- ▶ Boys U12 + U14 - Tuesday and Thursday, 5:30 - 7p
- ▶ Boys U10 - Monday and Wednesday, 5:30 - 7p
- ▶ Team Snap - communication on schedule and changes
- ▶ Games
 - ▶ Tuesday/Thursday for local games
 - ▶ Weekends for out of town games
- ▶ WDM Pinnies
- ▶ Equipment - see website new to lacrosse for details
- ▶ Pictures: 4/10/23 at VSW cafeteria boys @ 430p, girls @ 5p.



Mark your calendars

- ▶ Order WDM Lacrosse yard signs, water bottles and decals by March 20 - delivered to practice for distribution
- ▶ Apparel Store open until April 2 - shipped directly to home upon production
- ▶ Thursday, March 23, 10:30am - 9:00pm - **Panda Express** - 6495 Mills Civic Parkway, WDM - see web site for coupon
- ▶ March 24-27, **Dick's 20% Off Event** - West Des Moines Store - see web site for coupon
- ▶ Monday, May 1, 5-9pm - **Chipotle** - 490 S 68th St, WDM - see web site for coupon
- ▶ Pictures: 4/10/23 at VSW cafeteria boys @ 430p, girls @ 5p.

More fundraising

- ▶ Sponsorships
 - ▶ Orange—\$500: Website advertisement, sign recognition & feather banner logo
 - ▶ Black—\$300: Website advertisement & sign recognition at Home Games
 - ▶ White—\$150: Sign recognition at Home Games
- ▶ All club event



Get Connected, Be Connected!

- ▶ Website: www.wdmlacrosse.com and www.wdmlax.com
 - ▶ Primary source for schedule changes
- ▶ Team Snap APP - invites sent to parent's email used in registration
- ▶ Facebook - Like Us, Share posts (<https://www.facebook.com/wdmlacrosse>)
- ▶ Instagram - wdmlacrosse
- ▶ Welcome to attend board meetings



WDM Lacrosse Board Member Contact

Name	Email
Edie DePhillips (President) open Jun 1	dephillips3@msn.com
Open (Vice President)	
Emily Giunta (Secretary)	egijunta@gmail.com
Beth Thompson (Treasurer)	batncat@q.com
Michael Burton (HS Boys Mgr) Jenny Burton	burtonm@wdmcs.org Jennibes79@gmail.com
Paul O'Connell (HS Girls Mgr)	paul.oconnell@Hotmail.com
Beech Turner	abtfour@gmail.com
Tami Peiffer (Girls MS/YTH Manager)	tlghockey@yahoo.com
Erin Kaiser	kaiserhlmom@gmail.com
Diane Jeffries Ladd	jeffriesladd@gmail.com
Erin Sanvdig	erinsandvig@gmail.com