

Hello West Des Moines Lacrosse Club. Our Fall Ball Season has wrapped up and the start of our 2022 Spring Season is just around the corner. This communication has key dates and activities for you to note on your calendars.

### **2021 FALL BALL SEASON SUMMARY**

We had 107 players join us for Fall Ball this year – 59 girls and 48 boys. In conjunction with Fall Ball, ILAX successfully hosted TRYLAX and achieved introducing 63 new players to the game of lacrosse. We welcomed 15 of those new players to our club.

Both High School teams participated in out of state fall tournaments.

In October our high school boys traveled to Olathe KS for the KC Fall Classic. We participated in the high school boys 7v7. We achieved 2-1 on Saturday with our only loss being from a fast paced, high scoring, back and forth close game against the Republic Tigers from Republic Missouri. We earned a spot in the championship game on Sunday. We played well and came home with a gold medal! Not bad for only having 9 guys on Saturday and 8 on Sunday. The highlight for myself as a coach were the compliments we received after our last game Saturday from the opposing coaches and players on our skills and more importantly our sportsmanship. A great way to end the fall season! Thank you to all who traveled for our tournaments and everyone who came out for practice. – *Coach Chad*

The Girls participated in 3 events this fall, the Land of 10,000 Lakes Tournament in Eden Prairie, MN, ChiTown Classic in Oak Brook, IL and Lindenwood 7v7 in St. Louis, MO. The girls played well and were pushed to grow in their lacrosse abilities. Each tournament presented unique challenges and growth occurred throughout the fall across all the players who participated. The growth and level of play that was experienced this fall with high school players, is sure to set us up for success this spring within league play. – *Coach Meghan*

Thank you to all the player, parents, volunteers and coaches for making our Fall Ball a success!

### **2022 SPRING SEASON – mark your calendars with key dates!**

**ALL NEW WDM LAX [Apparel Store is Open!](#)** Thanks to Christi Bird, who worked feverously to find a new supplier, design new logos and select new garment options in time to get the store open for the holiday season. Time is of the essence! The store will close on Monday, December 6.

- Orders ship directly to your home
- Variety of new Tiger Lacrosse designs and multiple garment colors to choose from
- Don't miss hats, bags, jackets and blankets!
- All sales are final. No returns or exchanges.

Order at [WDMLETTERMANLOCKER.COM](http://WDMLETTERMANLOCKER.COM) – select pop-up apparel shops from top menu

ALL SALES DIRECTLY BENEFIT WDM TIGER LACROSSE! Please contact [christibird@comcast.net](mailto:christibird@comcast.net) if you have questions regarding this special pop-up shop for WDM Tiger Lacrosse apparel. We will host another apparel store for the spring season.

**Registration for 2022 season will open January 1, 2022 for all teams – [www.wdmlacrosse.com](http://www.wdmlacrosse.com)**

We had to make the tough decision to raise fees this year to care for the growing needs of the program and increases in operational costs. Our scholarship program will continue for players in need. We are seeking a corporate sponsor to help us expand our scholarship giving. If you need information regarding a scholarship or are interested in corporate sponsorship, please contact us at [wdmlaxclub@gmail.com](mailto:wdmlaxclub@gmail.com)

#### 2022 Fees

	High School	7 <sup>th</sup> - 8 <sup>th</sup> Grades	3 <sup>rd</sup> – 6 <sup>th</sup> Grades
Girls	\$420	\$320	\$195
	High School	5 <sup>th</sup> - 6 <sup>th</sup> & 7 <sup>th</sup> – 8 <sup>th</sup> Grades	3 <sup>rd</sup> – 4 <sup>th</sup> Grades
Boys	\$420	\$320	\$195

NOTE: High School Boys are required to register with NELAX and pay \$120 fee in addition to registering with WDM Lacrosse Club.

#### **Season Start Dates**

**Girls and Boys High School: Saturday, January 29, 6 – 8am at the RecPlex is the first practice of the 2022 Season.** We have rented the full indoor field at the RecPlex for HS Girls and HS Boys practices. They will be “shared-field” practices and held on consecutive Saturdays mornings from 6-8:00 am from January 29 through February 26. In addition, evening practices will be hosted at Stillwell Junior High School and Hillside Elementary during the week. After spring break, the Club has rented outdoor field space at the RecPlex on a regular basis for practices and games through the end of the season. Schedules will be posted on Team Snap.

*NOTE: Registration will be required to be completed in order to practice. HS BOYS will need to complete registration with WDM Lacrosse Club and NELAX.*

**Middle School and Youth: Monday, March 21, 5:30pm – 7pm is the first practice at Jordan Creek Elementary.** Season schedules will be posted on Team Snap.

*NOTE: Registration will be required to be completed in order to practice.*

#### **Parents Meetings**

We will host several parent’s meetings to prepare you for the 2022 Season. The team and volunteer meetings will be hosted face to face. During the team meetings, we will provide key information about what to expect during the season, our expectations of players and our volunteer needs for parents to make the seasons successful for your players. Following the team meetings, we will host parent volunteer meetings. During the volunteer meetings, we will focus on specific duties that are required to

be completed from scoring table to bringing ice to picking up the balls after a game. No lacrosse experience needed! Only requirement is a willingness to make the experience for our players positive and enjoyable. Finally, if you are not able to attend or need a refresher, we will host one all club Zoom meeting to recap key details from each meeting and provide opportunities to answer questions.

Team	Location	Date	Time
High School	Learning Resource Center Community Room 3550 Mills Civic Parkway - WDM	Thursday, Jan 13	7-8:30p
HS Volunteers	WDM Library Community Room 4000 Mills Civic Parkway - WDM	Tuesday, Jan 18	7:30-8:45p
Youth	Learning Resource Center Community Room 3550 Mills Civic Parkway - WDM	Tuesday, Feb 1	7-8:30p
Youth Volunteers	Learning Resource Center Community Room 3550 Mills Civic Parkway - WDM	Thursday, Feb 10	6:30- 7:30p
All Club	<a href="#">Zoom</a>	Tuesday, Feb 15	7-8:30p

**HIGH SCHOOL BOY'S PARENTS:** *we are forming a committee to research new uniforms. If you are interested in helping, please contact us at the club email box – [wdmlaxclub@gmail.com](mailto:wdmlaxclub@gmail.com)*

#### **SPECIAL SAVE THE DATE LACROSEE GAME + CLINIC**

On Saturday, February 12<sup>th</sup> Cornell College (Mount Vernon, IA) men's team will be playing William Penn University at the new RecPlex indoor field at 1:00pm. The WDM LAX Club will host a clinic following the game for local club players to learn and practice with both William Penn's men's and women's coaches and players. More details will be posted on our website. This a great opportunity to see a college level game in our backyard and get hands on experience with men's and women's student athletes.

On behalf of the WDM Lacrosse Club Board, I hope you have a wonderful Thanksgiving holiday.

Edie DePhillips  
President, WDM Lacrosse Club