



Parent Meeting 2022

*Presentation is posted on
wdmlacrosse.com > parents meeting 2022*

2022 COVID

- ▶ Read the club's CAP plan.
- ▶ We are generally following the WDM Schools' stance on masking and CDC direction on quarantine.
- ▶ Stay home if your player doesn't feel well. Err on the side of caution. Consider getting tested.
- ▶ Advise the club if your player or someone in your household tests positive or has knowingly been exposed.
- ▶ Follow the quarantine/masking guidance in the plan.
- ▶ Players, coaches, managers and volunteers not fully vaccinated should wear a mask during INDOOR club activities.
- ▶ Contact the club if you have any questions.
- ▶ We'll do everything we can to get the season in and we need your help to accomplish that.

Coaches



Girls

- ▶ Meghan Gruver - Head Coach
- ▶ Jackie Williams - Asst Coach
- ▶ Mackenzie Bemis - Asst Coach
- ▶ Katy Cremer - JV Coach
- ▶ Laura Depenning - Middle School - Coach
- ▶ Izzy Wilson - Middle School - Asst Coach
- ▶ Craig Wilson/Justin Hillock - Youth Coach
- ▶ Paul O'Connell - HS Team Manager
- ▶ Tami Peiffer - Youth/MS Team Manager

Boys

- ▶ Chad Thompson - Head Coach
- ▶ Tom Genzen - Asst Coach
- ▶ Ian Moles - Asst Coach
- ▶ Austin Turner - Asst Coach
- ▶ Sean Rhodes - Asst Coach
- ▶ Paul Parisek - U14
- ▶ **NEEDED - U12**
- ▶ **NEEDED - U10**
- ▶ Ryan Praska - HS Team Manager



Tiger Lacrosse Affiliations

- ▶ US Lacrosse - all ages, all players must be members
- ▶ Club
- ▶ **HIGH SCHOOL ONLY** League (must register to participate)
 - ▶ Girls: MGLL (Midwest Girls Lacrosse League - 9 teams)
 - ▶ Boys: NELAX (Nebraska High School Lacrosse Association - 12 teams)
- ▶ **YOUTH** ILAX (Iowa Lacrosse Association - manages youth league, leads coaches training, officials recruitment/training, promotion of game throughout state and liaison with US Lacrosse (U10, U12, U14 Boys + Iowa Games))

2022 High School Highlights



- ▶ Communications - Web site & [Team Snap](#)
- ▶ Facilities
 - ▶ March Indoor
 - ▶ Boys: Monday/Wednesday evenings - Stillwell/Hillside
 - ▶ Girls: Tuesday/Thursday evenings - Stillwell
 - ▶ March- May Outdoors
 - ▶ Girls: Tues 5:30-7:30P - RecPlex
 - ▶ Boys: Thurs 5:30-7:30P - RecPlex
 - ▶ Tiger Field - Wednesdays
 - ▶ Girls: 7-9p
 - ▶ Boys: 8-10p
- ▶ New uniforms! Each player will purchase their own shorts from the Club at \$26 each.

2022 Youth Highlights

- ▶ Communications - Web site & Team Snap
- ▶ Schedule
 - ▶ Practice - (subject to change/weather dependent)
 - ▶ Practice begins week of March 21 @ Jordan Creek
 - ▶ Boys: Tuesdays and Wednesday/Thursday - 5:30-7pm
 - ▶ Girls: Mondays and Thursdays - 5:30 - 7p
 - ▶ Games - TBD
 - ▶ 1 day a week in place of a practice
 - ▶ 1- 2 weekends - out of town tournaments



Youth Boys Games

Schedule will be update on
Team Snap



14U

Sat	4/2/2022	Solon	11:00	14U WDM	14U CR-IC
Sat	4/9/2022	WDM	10:00	14U Ank	14U WDM
Sat	4/9/2022	WDM	12:00	14U Mes	14U WDM
Sat	4/23/2022	Mes	TBD	14U WDM	?
Sat	4/30/2022	Ank	11:00	14U Ank	14U WDM
Sat	5/7/2022	St. Ambrose/Solon	TBD	14U WDM	14U IL3
Sat	5/14/2022	WDM	11:00	14U WDM	14U CR-IC
Thu	5/19/2021	WDM	6:30	14U WDM	14U Wau1
Tue	5/24/2022	WDM	6:30	14U WDM	14U Wau2

12U

Sat	4/2/2022	Solon	12:00	12U WDM	12U CR-IC
Sat	4/9/2022	WDM	11:00	12U Ank	12U WDM
Sat	4/9/2022	WDM	1:00	12U Mes	12U WDM
Sat	4/23/2022	Mes	TBD	12U WDM	?
Sat	4/30/2022	Ank	12:00	12U Ank	12U WDM
Sat	5/7/2022	St. Ambrose/Solon	TBD	12U WDM	12U IL/QC
Sat	5/14/2022	WDM	12:00	12U WDM	12U CR-IC
Thu	5/19/2021	WDM	7:30	12U WDM	12U Wau

10U

Sat	4/2/2022	Solon	1:00	10U WDM	10U CR-IC
Sat	4/9/2022	WDM	2:00	10U Mes	10U WDM
Sat	4/23/2022	Mes	TBD	10U WDM	?
Tue	4/26/2022	Ames	6:30	10U WDM	10U Ames
Sat	4/30/2022	Ank	1:00	10U Ank	10U WDM
Sat	5/7/2022	St. Ambrose/Solon	TBD	10U WDM	10U IL3
Sat	5/14/2022	WDM	1:00	10U WDM	10U CR-IC
Tue	5/17/2022	Ames	7:30	10U Ames	10U WDM
Tue	5/24/2022	WDM	7:30	10U WDM	10U Wau



Tiger Lacrosse 2022 Registration (2021)

	Girls	Boys
High School	28 (24)	33 (33)
Middle School (U14 - 7 th -8 th grade)	15 (22)	15 (22)
Youth (U12 - 5 th -6 th grade) (U10 - 3 rd -4 th grade)	11 (20)	13 (21) 7 (9)

As of 3.3.22



Tiger Lacrosse Opportunities

- ▶ HS Volunteers
 - ▶ We are asking each family to commit to no less than 5 assignments slots throughout the season via SignUp Genius.
 - ▶ Boys - Game clock, video, home set/strike
 - ▶ Girls - Game clock, home set/strike
- ▶ Youth Volunteers
 - ▶ We are asking each family to commit to no less than 3 assignments slots throughout the season via SignUp Genius.
 - ▶ Boys - Game clock, home set/strike
 - ▶ Girls - Game clock, home set/strike
- ▶ Players, players, players - get the word out through Social Media
- ▶ Board Opportunities
- ▶ Need officials



Tiger Lacrosse Fundraising

- ▶ Fundraising and corporate sponsorships (contact Christi Bird)
 - ▶ Sponsorships
 - ▶ Tiger tent: \$500/year/side - 2-year commitment (Mar 1 commitment)
 - ▶ Orange—\$500: Website advertisement, sign recognition & feather banner logo (Mar 1 commitment required)
 - ▶ Black—\$300: Website advertisement & sign recognition at Home Games
 - ▶ White—\$150: Sign recognition at Home Games
 - ▶ Donate in-kind
 - ▶ Dick's Sporting Goods Club Weekend - March 25-28
 - ▶ WDM LAX gear to start the 2022 Season - store now until April 4
 - ▶ Pop30 - April 13
 - ▶ Yard signs and decal
 - ▶ Company community support (Wellmark & Wells Fargo)



Expectations

- ▶ All players and parents have attested they have read and agreed to follow the policies in WDM Tiger Lacrosse handbook at registration
- ▶ Lacrosse eligibility is tied to academic eligibility and must be maintained, self reported
- ▶ Demonstrate positive behavior and leadership on and off the field
 - ▶ Forbidden: Alcohol, controlled substances, tobacco, e-cigs, personal vaporizers or mods.
 - ▶ Forbidden: Bullying/hazing - including social media
- ▶ Transportation
 - ▶ Player are NOT allowed to drive themselves to any WDM Lacrosse activity outside of the DM metro area (Ames is out side DM Metro)
 - ▶ Coaches are NOT allowed to transport players
- ▶ Coaches
 - ▶ Required to be members of US Lacrosse
 - ▶ Pass background check
- ▶ Parents
 - ▶ Not allowed on sideline with players and coaches (except if working at the scoring table)
 - ▶ Support players, coaching and referees at all times
 - ▶ Remind guests to honor the game
 - ▶ Display good sportsmanship at all times

Inappropriate behavior and heckling from the sidelines and stands will be monitored and could result in fines assessed to the club.

Get Connected, Be Connected!

- ▶ Website: www.wdmlacrosse.com and www.wdmlax.com
- ▶ Team Snap - Primary source for schedule changes
- ▶ Attend board meetings - first Monday of each month
- ▶ Team Dinners
- ▶ Individual and Team Photos

- ▶ <https://www.instagram.com/wdmlacrosse/>
- ▶ <https://www.facebook.com/wdmlacrosse>





WDM Lacrosse Board Member Contact

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